



# beauty works

— THE ULTIMATE BODYCARE —

*Treatment List*

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## Sharing rooms

Our Romiley salon offers a double room for sharing treatments with a friend or partner, making your experience all the more special.

## Gift vouchers available

Treat someone special with a gift voucher, giving them the opportunity to treat themselves to one of our range of treatments from head to toe. Ask at reception for more details.

# Facial Treatments

## GUINOT INSTITUT DE PARIS Hydradermie<sup>2</sup>

This exclusive treatment will make your skin youthful and radiant, from the very first treatment. Your face will appear rested and luminous with a subtle glow. With monthly treatments your face will be radiant all year long.

1 hour £49.50  
Every month

## GUINOT INSTITUT DE PARIS Hydradermie<sup>2</sup> Age Logic

A specially designed anti-ageing facial concentrating on the eyes, face and neck. It includes cleansing, exfoliating, galvanic, high frequency, massage and mask.

1 hour 30 mins £59.50  
Every 3 weeks

## GUINOT INSTITUT DE PARIS Hydradermie<sup>2</sup> Lift: 'Immediate Lift' Treatment

Hydradermie<sup>2</sup> Lift stimulates the facial muscles and provides a massage that lifts the facial features. This treatment adds a spectacular "lift effect" to your face after just a few sessions... without injections! As muscles are toned, they take on new vitality and skin becomes amazingly smoother.

55 mins £49.00 per session  
2 per week (Course of 6-12) £245.00 course of 6

## GUINOT INSTITUTE OF PARIS Hydradermie<sup>2</sup> Lift Express

Ideal for clients who want a quick treatment. The treatment includes cleansing, exfoliation and muscle stimulation.

30 mins £33.00 per session  
2 per week £165.00 course of 6

## GUINOT INSTITUTE OF PARIS Hydradermie<sup>2</sup> Lift Yeux: Lift treatment for eyes

The muscles around the eye will be “exercised” to tone the delicate eye area and add new firmness. From the end of the very first session, small wrinkles are erased, crow’s feet are smoothed and eyes look younger.

35 mins £39.50  
£197.50 course of 6

## GUINOT INSTITUTE OF PARIS Hydradermie<sup>2</sup> Lift Deluxe

Hydradermie<sup>2</sup> Age Logic and Hydradermie<sup>2</sup> Lift Express.

1 hour 45 mins £72.00

## GUINOT INSTITUTE OF PARIS Holistic Aromatic Facial

This unique, personalised treatment method combines the benefits of essential oils with massaging techniques to fill your skin with energy and provide a long-lasting effect. Concluding with an aromatic mask your skin will recover its natural radiance.

1 hour £46.00  
Every 4 weeks

## GUINOT INSTITUTE OF PARIS Age Summum

The pinnacle of anti-ageing treatments, Age Summum, uses pure Vitamin C, Hyaluronic Acid and Pro-Collagen to target the signs of ageing; lack of radiance, loss of firmness, fine lines and wrinkles. Skin is treated with a dermabrasion exfoliating cream, a regenerating anti-ageing serum and an active pro-collagen mask. Ingredients are penetrated into the skin using the exclusive anti-ageing facial massage. One treatment every three weeks recommended for lasting results.

50 minutes £55.00  
£275.00 course of 6

## GUINOT INSTITUTE OF PARIS Holistic Liftosome Facial

*Rejuvenating-Lifting Treatment*

Liftosome is a treatment completely dedicated to the firmness and youthfulness of the skin. After the face is gently cleansed, Pro Collagen Concentrate is applied to the skin, followed by the Thermolift Mask which diffuses a gentle heat facilitating the penetration of the active ingredients. It redefines the skin and tightens the features. The treatment recreates the youthfulness and firmness of your face by diminishing signs of ageing. The treatment furthermore restores radiance and vitality.

1 hour £52.00  
£140.00 course of 3

## GUINOT INSTITUTE OF PARIS Hydraclean Deep Cleansing Facial

Using the Thermoclean patented heated device, this treatment will help to rid the skin of its impurities, whilst warming and relaxing the skin. A choice of massage or mask is offered after the deep cleansing action. The treatment leaves the skin looking bright and radiant, with a clearer complexion.

30 minutes

£25.00

## GUINOT INSTITUTE OF PARIS Holistic Beauté Neuve: Double Peeling Facial

The fruit acids in Peel'In gel penetrate between dead cells to break their intracellular links, after which Peel'Out mousse will gently remove them. At the end of the treatment, Clarimasque with pure Vitamin C regenerates the elastic fibres, enhancing a natural glow and lightening the skin. One treatment will restore a radiant complexion, while a course of three will reduce pigmentation marks on the skin, eliminating excess dead cells and allowing the skin to breathe again. Cellular renewal is accelerated, revealing a more youthful and radiant complexion.

1 hour

£48.00

£126.00 *course of 3*

*First Guinot facial treatment includes a complimentary Guinot for Life skincare consultation.*

## Relax facial (1 hour)

£40.00

An hour of sheer luxury that includes a 15 minute aroma back massage, cleanse, tone and exfoliate to face followed by a relaxing face and scalp massage and treatment mask.

## Revival facial (45 mins)

£30.00

A facial suitable for all skin types. A cleanse, exfoliate and massage followed by a mask that will leave the complexion with new radiance.

## Mini facial (30 mins)

£24.00

A basic facial that is suitable for all skin types, excellent for the first time clients who wish to move on to the more intensive facials. Cleanse, tone, massage, mask.

## Body Treatments

### GUINOT INSTITUT DE PARIS Aromatic Body (Douceur) Softening and Relaxation Massage

A complete body exfoliation with a sugar-kiwi scrub followed by an energising massage with citrus essential oils. Experience pure relaxation whilst achieving soft, smooth skin. Ideal during pregnancy.

1 hour £50.00

### GUINOT INSTITUT DE PARIS Aromatic Body Polish

A complete body exfoliation treatment to help eliminate dry, flaky skin and refine the skin's texture. Exfoliation is followed by a body moisturiser leaving the skin feeling firm and silky-smooth.

45 minutes £40.00

### GUINOT INSTITUT DE PARIS Aromatic Solaire Exfoliation Self Tan Treatment

This moisturising self-tanning treatment gives a long lasting, evenly bronzed colour. The full body treatment includes exfoliation to perfectly prepare the skin. A safe and effective way to tan quickly without the sun or to maintain a post-holiday glow!

45 minutes £45.00

### GUINOT INSTITUT DE PARIS Aromatic Body (Minceur) Contouring

This contouring body treatment uses a massage with essential oils and a clay mask leaving the skin feeling firm and soft.

1 hour £55.00

£150.00 *course of 3*

## Massage Treatments

Full body massage (1 hour) £40.00

Full body, face and scalp massage (1 hr 30 mins) £52.00

Back, neck and shoulder massage (30 mins) £21.50

Face and scalp massage (30 mins) £21.50

*Add hot stones to any massage for an extra* £8.00

## Waxing

Half leg £17.00

Full leg £23.00

Full leg inc. bikini £30.00

Bikini £11.00

Brazilian *from* £16.00

Hollywood £20.00

Underarm £10.00

Eyebrow £8.00

Lip and chin £11.00

Lip £8.00

Chin £8.00

Forearm £16.00

Back *from* £22.00

Chest £22.00

# Hand and Feet Treatments

**Jessica treatment manicure** (30 mins) £17.50

An advanced manicure that treats peeling, bitten, soft, dry and brittle nails.

**Jessica luxury manicure** (45 mins) £24.00

Luxury manicure incorporating hand exfoliation, mask with warm mitt treatment followed by a luxurious massage.

**Jessica treatment pedicure** (45 mins) £26.00

An advanced pedicure that treats peeling, soft, dry or brittle nails. Also an intensive treatment to help dry cracked heels.

**Jessica luxury pedicure** (1 hour) £33.00

Luxury pedicure incorporating deep exfoliation, foot mask with heated boots followed by a luxurious foot and leg massage.

Reshape and polish £10.00

Nail art from £1.50 per nail

Gems 25p per gem

## Jessica GELeration

Jessica GELeration is a hybrid between gel and polish giving fantastic color, that does not chip or peel, maintains a shine, dries in seconds, gives a flawless finish, lasts for approximately three weeks.

Jessica GELeration application (45 mins) £26.00

Jessica GELeration application with manicure (1 hour) £35.00

*Combine a full set of nail extensions with either of the above treatments* £15.00

*Extension tip repair* £4.50 per tip

Jessica GELeration application with pedicure (1 hour 10 mins) £38.00

## Eye Treatments

Lash tint	£11.00
Eyebrow tint	£8.00
Eyelash and eyebrow tint	£16.00
Eyebrow shape (wax or tweeze)	£8.00
Eyelash extensions	£16.00

## Xtreme lashes

Individually applied lash extensions. Semi-permanent, and last indefinitely with touch-ups every 2-4 weeks.

Full set (up to 1 hour 30 mins) includes free eyelash tint*	£65.00
Half set (up to 1 hour)	£44.00
Touch-ups	from £22.00

*\* Tint 24 hours prior to lash application*

## Brow by Mii



For every arch, every smile and even the occasional furrow, reveal the true beauty of each expression with brows tailored perfectly to you.

Shape & finish (45 mins)	£25.00
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## Spray Tanning

Full body (1 <sup>st</sup> application)	£25.00
Full body (2 <sup>nd</sup> application the following day for a deeper tan)	£15.00
Half body	£15.00

Get the most of your tan - try our **Guinot Aromatic Body Polish** (pg 6) to prepare your skin for your summer glow!



# Specialist Treatments

We occasionally have holistic therapists at our salons. Please ask for dates and times.

Hopi ear candles (45 mins) £30.00

A relaxing treatment for ear and sinus problems. Relieves tension headaches and gives a feeling of general wellbeing. Includes pressure point massage.

Indian head massage (45 mins) £30.00

Concentrates on the head, neck, shoulders and upper arms. It has been practiced in Indian Ayurvedic medicine for almost 4,000 years. The technique gently works on both physical and emotional levels relieving the symptoms of stress, calming and promoting deep relaxation.

Reiki (1 hour) £37.50

Deeply relaxing... Helps to release blockages created by stress and tension. Cleanses the body of toxins and works to create a state of balance.

Reflexology (1 hour) £40.00

The stimulation of the reflex points in the feet. Each area of the body is represented by a corresponding pressure point on the foot. Massage of these points releases blockages and assists in rebalancing of the body's natural energy flow, which aids the healing process.

## Cancellations

*If you need to cancel your appointment it would be appreciated if 24 hours notice could be given. A 50% cancellation fee may be charged if you fail to do this.*



# Beauty works

— THE ULTIMATE BODYCARE —

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## Opening times

Monday	Closed
Tuesday	9am - 8pm
Wednesday	9am - 5pm
Thursday	9am - 8pm
Friday	9am - 5pm
Saturday	9am - 4pm
Sunday	Closed